

GIRLS ORANGE COUNTY MEET RECORDS

FROSH/SOPH

| | | | | |
|-------------|----|-------------------|------------------|-----------|
| 100M | 12 | Sara Limp | Los Alamitos | 12.41 |
| 200M | 11 | Kelley Peterson | El Toro | 25.09 |
| 400M | 97 | Raven Hebert | Santa Ana Vy. | 58.11 |
| 800M | 10 | Ashley Elliott | Tesoro | 2:18.19 |
| 300M L.H. | 05 | Liana Fuentes | Cypress | 46.03 |
| 100M L.H. | 92 | Heather Novak | Santa Margarita | 15.26 |
| 100M H.H. | 07 | Michelle Urabe | Mater Dei | 15.47 |
| 1600M | 14 | Cassie Durgy | Huntington Beach | 5:04.54 |
| 1500M | 92 | Trayn Lawson | Ocean View | 4:51.1 |
| 3200M | 15 | Raquel Powers | Corona del Mar | 11:03.44 |
| 3000M | 83 | Donna Fleagle | Tustin | 10:27.6 |
| 400M RELAY | 09 | | Trabuco Hills | 49.71 |
| 1600M RELAY | 16 | | Dana Hills | 4:01.75 |
| LONG JUMP | 16 | Megan Horn | Crean Lutheran | 17' 8" |
| TRIPLE JUMP | 89 | Marceia Fogg | Tustin | 37'1.0" |
| HIGH JUMP | 87 | Lori Svoboda | El Dorado | 5' 6" |
| SHOT PUT | 99 | Kianey Davis | Troy | 39' 4.25" |
| DISCUS | 18 | Alejandra Rosales | Marina | 131' 8" |
| POLE VAULT | 98 | Caroline Rebello | Marina | 11' 6" |

TEAM CHAMPIONS

| | | | |
|------|------------------|------|-----------------|
| 1983 | Tustin | 2001 | Dana Hills |
| 1984 | Woodbridge | 2002 | Newport Harbor |
| 1985 | Marina | 2003 | El Modena |
| 1986 | Mater Dei | 2004 | Tesoro |
| 1987 | Irvine | 2005 | Cypress |
| 1988 | Canyon | 2006 | Mater Dei |
| 1989 | Mission Viejo | 2007 | Dana Hills |
| 1990 | Irvine | 2008 | Marina |
| 1991 | Canyon | 2009 | Dana Hills |
| 1992 | Foothill | 2010 | Dana Hills |
| 1993 | Ocean View | 2011 | Dana Hills |
| 1994 | Marina | 2012 | Fountain Valley |
| 1995 | Newport Harbor | 2013 | Fountain Valley |
| 1996 | Newport Harbor | 2014 | Fountain Valley |
| 1997 | Santa Ana Valley | 2015 | Trabuco Hills |
| 1998 | Esperanza | 2016 | Dana Hills |
| 1999 | Esperanza | 2017 | Mission Viejo |
| 2000 | Esperanza | 2018 | Santa Margarita |

c - mark converted from hand time to equivalent time. Add .24 sec.
for races less than one lap and .14 sec. for one-lap races or more.
+ - Yard time was then multiplied by .9942 to get metric equivalent,
except for 100m (.85 sec. conversion factor). All conversions taken from Track & Field
News, Little Green Book.