

# GIRLS ORANGE COUNTY MEET RECORDS

## VARSITY

100M	03	Carol Rodriguez	Western	11.93
200M	10	Gianna Lowery	Capistrano Valley	24.23
400M	11	Gabrielle Scott	Woodbridge	54.73
800M	14	Ashlyn Rambo	Mater Dei	2:09.01
300M L.H.	18	Nikki Merritt	Santa Margarita	42.36
100M L.H.	92	Elinor Tolson	Fountain Valley	14.38
100M H.H.	96	Ashley Bethel	Mission Viejo	14.21
1600M	08	Christine Babcock	Woodbridge	4:45.96
1500M	92	Shelley Taylor	Edison	4:33.6
3200M	14	Bethan Knights	Northwood	9:59.20
3000M	85	Nicole Ritchot	Edison	10:08.1
400M RELAY	17	Barnes, Drysch Gerardo, Merritt	Santa Margarita	47.21
1600M RELAY	14	Carreras, E, Radan Rambo, T. Radan	Mater Dei	3:49.06
LONG JUMP	96	Kerry O'Bric	Edison	19'3.5
TRIPLE JUMP	01	Michelle Sanford	Woodbridge	40'11.75"
HIGH JUMP	03	Sharon Day	Costa Mesa	6'00"
SHOT PUT	14	Mackenna Howard	Los Alamitos	46' 3"
DISCUS	07	Hilary Fraser	El Toro	158' 10"
POLE VAULT	16	Rachel Baxter	Canyon (Ana)	14'3"

## TEAM CHAMPIONS

1983	Esperanza	2002	Esperanza
1984	Esperanza	2003	Santa Margarita
1985	Esperanza	2004	Santa Margarita
1986	Mission Viejo	2005	Aliso Niguel
1987	Woodbridge	2006	Mission Viejo
1988	Mission Viejo	2007	Corona Del Mar
1989	Mission Viejo	2008	Dana Hills
1990	Mission Viejo	2009	Dana Hills
1991	Mission Viejo	2010	Trabuco Hills
1992	Mission Viejo	2011	Mater Dei
1993	Esperanza	2012	Mater Dei
1994	Esperanza	2013	Mater Dei
1995	Esperanza	2014	Mater Dei
1996	Edison	2015	Los Alamitos
1997	Santa Margarita	2016	Mission Viejo
1998	Mission Viejo	2017	Santa Margarita
1999	Santa Margarita	2018	Mater Dei
2000	Mater Dei	2019	Mission Viejo
2001	Esperanza		

c - mark converted from hand time to equivalent time. Add .24 sec. for races less than one lap and .14 sec. for one-lap races or more.  
 + - Yard time was then multiplied by .9942 to get metric equivalent, except for 100m (.85 sec. conversion factor). All conversions taken from Track & Field News, Little Green Book.