

2019
Orange County Championships
Time Schedule



Evt#	Start	Event	# of Heats	Evt#	Start	Event	# of Heats
1	8:30 AM	Girls 1600 Meter Run RATED Frosh Soph	1	35	3:24 PM	Girls 200 Meter Dash Frosh Soph	6
2	8:38 AM	Boys 1600 Meter Run RATED Frosh Soph	1	36	3:33 PM	Boys 200 Meter Dash Frosh Soph	6
3	8:46 AM	Girls 1600 Meter Run RATED Varsity	1	37	3:42 PM	Girls 200 Meter Dash Varsity	6
4	8:54 AM	Boys 1600 Meter Run RATED Varsity	1	38	3:51 PM	Boys 200 Meter Dash Varsity	6
5	9:06 AM	Girls 100 Meter Hurdles Frosh Soph	6	39	4:03 PM	Girls 3200 Meter Run Varsity	1
6	9:15 AM	Girls 100 Meter Hurdles Varsity	6	40	4:18 PM	Boys 3200 Meter Run Varsity	1
7	9:24 AM	Boys 110 Meter Hurdles Frosh Soph	6	41	4:34 PM	Girls 4x400 Meter Relay Frosh Soph	2
8	9:33 AM	Boys 110 Meter Hurdles Varsity	6	42	4:45 PM	Boys 4x400 Meter Relay Frosh Soph	3
9	9:45 AM	Girls 1600 Meter Run SEEDED Frosh Soph	1	43	5:02 PM	Girls 4x400 Meter Relay Varsity	3
10	9:52 AM	Boys 1600 Meter Run SEEDED Frosh Soph	1	44	5:18 PM	Boys 4x400 Meter Relay Varsity	3
11	10:03 AM	Girls 4x100 Meter Relay Frosh Soph	3	45	8:30 AM	Girls Long Jump Varsity	
12	10:12 AM	Boys 4x100 Meter Relay Frosh Soph	4	46	8:30 AM	Boys Long Jump Varsity	
13	10:24 AM	Girls 4x100 Meter Relay Varsity	2	47	8:30 AM	Girls Shot Put Varsity	
14	10:30 AM	Boys 4x100 Meter Relay Varsity	3	48	8:30 AM	Boys Shot Put Varsity	
15	10:42 AM	Girls 1600 Meter Run SEEDED Varsity	1	49	8:30 AM	Girls Discus Throw Frosh Soph	
16	10:49 AM	Boys 1600 Meter Run SEEDED Varsity	1	50	8:30 AM	Boys Pole Vault Varsity	
17	11:00 AM	Girls 400 Meter Dash Frosh Soph	6	51	8:30 AM	Boys Pole Vault Frosh Soph	
18	11:15 AM	Boys 400 Meter Dash Frosh Soph	6	52	8:30 AM	Girls High Jump Frosh Soph	
19	11:30 AM	Girls 400 Meter Dash Varsity	6	53	8:30 AM	Boys High Jump Frosh Soph	
20	11:45 AM	Boys 400 Meter Dash Varsity	6	54	11:00 AM	Boys Shot Put Frosh Soph	
21	12:05 PM	Girls 100 Meter Dash Frosh Soph	6	55	11:00 AM	Girls Shot Put Frosh Soph	
22	12:14 PM	Boys 100 Meter Dash Frosh Soph	6	56	11:00 AM	Girls Discus Throw Varsity	
23	12:23 PM	Girls 100 Meter Dash Varsity	6	57	11:00 AM	Girls Triple Jump Varsity	
24	12:32 PM	Boys 100 Meter Dash Varsity	6	58	11:00 AM	Boys Triple Jump Varsity	
25	12:46 PM	Girls 800 Meter Run Frosh Soph	3	59	12:00 PM	Girls High Jump Varsity	
26	1:01 PM	Boys 800 Meter Run Frosh Soph	3	60	12:00 PM	Boys High Jump Varsity	
27	1:13 PM	Girls 800 Meter Run Varsity	3	61	1:00 PM	Boys Discus Throw Varsity	
28	1:28 PM	Boys 800 Meter Run Varsity	3	62	1:00 PM	Girls Long Jump Frosh Soph (3 jumps)	
29	1:43 PM	Girls 300 Meter Hurdles Frosh Soph	6	63	1:00 PM	Boys Long Jump Frosh Soph (3 jumps)	
30	2:01 PM	Girls 300 Meter Hurdles Varsity	6	64	1:00 PM	Girls Pole Vault Varsity	
31	2:17 PM	Boys 300 Meter Hurdles Frosh Soph	6	65	1:00 PM	Girls Pole Vault Frosh Soph	
32	2:34 PM	Boys 300 Meter Hurdles Varsity	6	66	3:00 PM	Boys Discus Throw Frosh Soph	
33	2:53 PM	Girls 3200 Meter Run Frosh Soph	1	67	3:00 PM	Girls Triple Jump Frosh Soph (3 jumps)	
34	3:08 PM	Boys 3200 Meter Run Frosh Soph	1	68	3:00 PM	Boys Triple Jump Frosh Soph (3 jumps)	

ALL FIELD AND RUNNING EVENTS WILL RUN AHEAD OF SCHEDULE WHENEVER POSSIBLE.
FINAL SCHEDULE CREATED ON 4/11/19 BASED ON FINAL HEAT COUNT.